

# ANNUAL REPORT 2018 – 2019

# SOCIETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT

L/3, Kalpana Square, Bhubaneswar – 751014

New Janiguda, Kumbha Road, Koraput - 764020

Bedget Mondag Secretary SPREAD

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# **COMMUNITY HEALTH & NUTRITION**

#### Activities:

- Village meetings
- Discussions with PRIs at village level
- Presenting the issue at GP nodal meeting
- Discussion at block nodal meeting by the PRI and project staff
- Health Sector meeting attending by the project Staff
- Participation in sector meeting by project staff and presenting the status of VHND
- Create awareness among community through village meetings
- Meetings with ANM, ASHA, AWW and request them to regularize the VHND activity
- Meeting with mother groups and discussion with them on importance of ANC and PNC
- Monitoring visit by PRI member to VHND point
- Breastfeeding week observation
- Meeting with mothers and sessions on exclusive breastfeeding
- Tracked colostrum feeding through home visits of newborn families
- Organize baby shows
- Awarded the mother who has a healthy child through healthy practice
- Sharing of best practices of awardee mothers in the forums.
- Sessions conducted by ANM, Male health workers, AWW and project staff at VHND point

## Adolescent health being prioritized in 30 villages with effective

### implementation of govt. Schemes of SAG.

- Discussed with Mobile health units
- Meeting with CDPO/ Supervisors
- Collection of the list of adolescent girls who are out of school
- Discussed with AWWs
- Progress tracking
- Discussion with ANM and CHC staff for technical assistance
- Hand washing practiced in 14 day schools and 5 residential schools
- Attending the IFA day of School by the project staff
- Hand wash practice at ICDS centers
- Training to Adolescent girls on Women and child related govt. schemes
- Monitor the THR and HCM by the PRI members and JC/MC
- Staff support in Deworming sessions
- Promote Kitchen garden
- Monitor the HCM
- Growth monitoring of children during VHND
- Strengthen the ICDS

- Sharing of child's nutritional status with the mothers
- Refer malnourished children to NRC and CHC
- Home visits of SAM and MAM child
- Cooking process demonstration at weekly markets and villages
- Mother counselling by adolescent girls for appropriate feeding practice
- Awareness to use local and traditional food to children
- Develop benefit tracking chart of 0-5 children familes
- Ensure double ration of SAM children
- Develop Kitchen garden in SAM families
- Campaign by adolescent girls on know your food and grow your food.
- Develop kitchen garden through campaign mood.
- Village meetings on local food production and consumption
- Discussion with pilapanchayat member on their health need and types of food and their work
- Create awareness among community on millet based food and its nutritional value as well as green vegetable.
- Continuing moringa moment by adolescent girls

#### Key Achievements:

- All sub centres posts filled with female and male health worker
- 3 Female health workers staying at the centre point and doing needful, medical instrument has provided to all 4 sub centres.
- Water, electricity facility has been supplied to all 4 sub centre.
- All 4 sub centres have ANM quarters attached with the centre.
- 3 sub-centres opening weekly 5 days and another one for 3 days
- 2 female health workers have been appointed this year.
- Out of 1450/874 house hold, 5360/2572 community members, out



of 54 /33 pregnant and out of 49/39 lactating, out of 450/146 adolescent availed the services of Sub centres during this year

- 30 nos 0-5 children, 24nos of mothers and 19 other people referred through Sub centre to DHH,CHC & PHC.
- necessary kits like table, weight machine, rack for medicines are available in 18 VHND points
- Mothers regular avail the service of ANC /PNC
- Out of 81 new births 52 completed ANC, 54 completed PNC (64% pregnant mother complete ANC and 71% mother completed PNC this year)

- 98.76% institutional delivery has been recorded (Out of 81 deliveries 80 are in institution,)
- 94% live birth cases recorded and 6% still births (out of 81 delivery 5 still birth cases recorded).
- Govt. institution delivery has recorded 84%
- Home delivery recorded 1.23% and rest in private facilities.
- 39% of mothers completed the service of Maternity Home (Out of 81 delivery 32 mothers has completed the service of Maternity home)
- Introduces a community monitoring tool to monitor the VHND in 18 VHND point and its in use by ANMs during VHND.
- Out of 81 delivery 32 mothers completed the service of Maa gruha
- 1<sup>st</sup> trimester registration recorded 100%
- During this year 52 out of 81 pregnant mothers, 236 out of 263 of 0-3 year children and 141 out of 362 Adolescent girls participated in VHND.
- New member has been selected for 18 GKS
- Meeting conducted in 6 GKS along with record updation.
- Demand of sanitation work by the villagers to GKS member
- Village level meeting with the GKS members and discussions held on financial management. All 21 ICDS centers providing hot cook meal as per new menu chart to 3-6 year children but morning snack is not given to the children in one ICDS centre.
- all necessary kits like table weight machine, rack for medicines are available in 18 VHND point
- Mothers got a platform to compare themselves with other mothers and learn from each other
- 100% colostrum feeding and exclusive breastfeeding has recorded this year.
- Concept of healthy child understood by mothers
- A competitive mentality has developed among the mothers
- 152 pre-school children got RBSK health checkup and health card this year, as per last year data 292 preschool children has received.
- 292 school children received the health checkup and health card service this year last year the number was 620.
- 13 nos of 0-5 children referred through RBSK to CHC
- Hand wash practiced has done in 14 schools and 3 residential schools and 1218 school children participated in this and staff facilitated the programme.
- HB test conducted in 138 adolescent girls out of which none of them are in green. 90 are in yellow and 48 are in red zone
- As comparison to 2018-2019, Severe cases have increased to 28.57%- 34.74% and Mild cases has decreased 71.42%- 65.21%.
- Out of 138 studies cases 47.82% cases are having above 10 HB
- Out of 138 Studies cases 52% are having below 10 HB
- 23% are below 9 HB.
- 2.84% cases are 8 and below 8 HB



- 1.44% are below 7 HB
- 1664 school children and 254 preschool children participated in the hand wash campaign.
- 87% of adolescent girls consumed IFA regular basis
- 1664 school children and 254 preschool children participated in the hand wash campaign.
- 12 nos of children received double ration
- Only 79% of 3-6 children received HCM (Out of 313 / 246 Number)



- 97% of 3-6 children are availed De-warm medicines during this year (Out of 313/305 has availed) & Complete immunization of 17%
- 46 mothers received the 1<sup>st</sup> instalment of Mamata Yojana a sum of Rs.36\*3000.00= 136000.00 and 2<sup>nd</sup> instalment 13\*2000.00= 26000.00
- JSY 80\*1400.00= 112000.00

### Referred malnourished children showed sign of development and retained it

#### after referring to NRC

- 1 SAM child referred to NRC, feeding practice of SAM and MAM children changed through home visits and regular counseling, 1012 families planted local and old variety paddy this year.
- Instead of marketing all vegetables 1012 families started using vegetable in their daily food menu.
- Use of local rice local dal and special focus to Ragi in their daily food menu.
- Total 982 families developed kitchen garden during this year
- 12 nos of children received double ration
- Sessions with adolescent girls of 5 residential schools developed a sense of use green leaves specially moringa leaves and types of food they should consume for their health benefit.
- 566 adolescent girls oriented on their health needs, personal hygiene and menstrual hygiene. 100% adolescent girls of residential school are using sanitary napkins.
- Campaign through adolescent girls created awareness among community on millet based food , green vegetables
- 982 families developed kitchen garden... 300 (having adolescent girls)families have moringa plant. Use of moringa leaves and green vegetables in 300 families
- Using of green vegetable in 982 families.
- 1.44 % early marriage cases recorded (6 out of 415), 82% adolescent girls are using sanitary napkin, 37% of adolescent girls participated in VHND
- Using of iron tablet among adolescent 92%
- Involvement of adolescents in SHG and help them in documentation, meetings etc.
- A cultural team developed among the adolescents who are creating awareness on early marriage through role play at all project village.

### **Collective Action for Nutrition**

#### **Key Achievements:**

- 2 Days Project Staff induction / Kick-up workshop
- Motivation & Leadership workshop for Samikhya Sathies
- Monthly Review Meetings at Block Level
- Monthly Review Meetings at Dist & State
- Annual Review Meetings
- Facilitating Social Audits under National Food Security Act in collaboration with Gram Panchayat
- Process documentation on SA & Community Monitoring
- District Level interface with Dist. Administration & CSO
- State Level sharing with state Admn & CSO
- Award for 24 Champion PRIs
- Training of selected PRIs at Dist. Level
- Strengthening of People's information center.
- Visual Documentary at Project Level
- Preparation of Model Village H & N Plan GKS
- Development of Training Manual on Social Audit
- Development of IEC Material
- Books & Periodicals for Resource Centre
- Training of Trainers on Nutrition & Participatory Planning & Learning(PLA)
- Block Level Training of Staffs on Nutrition & PLA
- Observation of National Days
- Special Drive for Malnutrition Mapping in PVTG Area



#### **PROGRAMME FOR PERSON WITH DISABILITIES & CARE GIVERS**

#### **Key Achievements:**

- Analyse specific Carers needs and the needs of their disabled or mentally ill relatives and develop individual plans, immediately identify opportunities to access existing government, bank and NGO schemes
- Meetings facilitated by staff at Cluster/block level and involving carers, disabled and mentally ill family members and local acting groups (DPO Leader & PRIs); information sharing via IEC materials.
- 500 carers made aware of the purpose of benefits of carers groups by staff partner organisations and attending the groups regularly:
- 3 days Training on Organization Development, resource mobilization, networking, Advocacy and skill needed for group process for 2 representatives from 25 Carers groups., Carers association leaders and field staff also participated
- Quarterly meetings of each cluster level groups and the Carers Association held attended by representatives from the 25 carers groups, facilitated by staff & community mobilisers with training on participatory governance.
- Annual Carers Day held each year in the first 2 years and Carers week in the 3rd year with the aim of creating awareness of the needs and rights of carers and achieving recognition and subsequent policy changes for the carers (250 Carers represented from each organisation)
- Exposure visits to CW partners to SACRED for learning, sharing experiences and understanding the challenges faced by staff interaction and Carers Association leaders -6 Staff form Oraganisation and 2 Carers (total 8 Persons).
- Meetings facilitated by staff, carer and DPO representatives and targeting district level government officials of health, rural livelihoods, women and child and social welfare departments and representatives from other NGOs to raise the issue of carers, the disabled and the mentally ill, their needs and the ways in which each department/NGO can include carers into their schemes and programmes
- Capacity building of medical professionals and health workers based around primary health care centres:
- Medicines and counseling support for carer and cared for persons
- Needs of 150 carers assessed with regard to appropriate livelihood/training options for individual carers:
- 150 carers provided with training required to take up livelihood
- 67 carers provided with tools/equipment's required to pursue their chosen livelihood via access to micro finance (The sum of Ammount 201000 direct support cost to carers as revolving fund)
- Establishment of alternative care provision to enable carers to pursue livelihood/training:
- Documentation of carers voices from consultation meetings, documentation of life stories and annual participatory project review meeting with carers, facilitated by CW and partner organisations
- Two days orientation of staff on MIS
- 49 groups are slowly moving in the desired direction & Federation of carers came into existence at block level. There are 52 members at federation level & having different positions like president, secretary. This is a new platform for all the carers & this has generated a lot of

interest among them. The exposure to Samarthya, Koppal, karnataka gave a confidence to carers and the team learned many new things. More & more PWDs & Carers are linked with different government schemes and entitlements. In this process the Panchayati Raj members are plying an important role & they are driven by the issue of Carers. At the same time the relationship between Carers groups and different government functionaries like Doctors, ANMs, Asha workers, NRLM, Veterinary, Education departments, banks have established & many carers are directly contacting officials.

150 carers are selected for different livelihood programmes and out of which 66 got the

training on goat farming & poultry. Out of which 25 carers got support of Rs. 3000 as revolving fund & are in process in starting the activities. SPREAD linked 82 careers families with Krushak Assistance for Livelihood and Income Augmentation (KALIA) & they got Rs.5000 as assistance from Government. At the same time there is attempt for linking PWDs & carer families with other livelihood programmes of Government.

• All 39 (MI, MR & epilepsy) patients got treated in the district hospital &



they are supported with regular medicine from the project. All the 39 persons are showing signs of improvement as the frequency of getting attacks have reduced substantially. Carers are now little relaxed and showing the signs of joy. At the same time SPREAD send 4 MR-CP children to community rehabilitation centers at Koraput for physiotherapy treatment & all four children have shown improvement and their carers are happy.38 carers also referred to PHC & CHC and got treated by the Doctor.

- Most significant development is the opening of "Day care centre" in the remote area of the Baipariguda block. The center was inaugurated in the presence of Carer federation members, PRI members. 13 Children with disability are regularly coming to the center. SPREAD mobilized some resources to add some more equipment's and playing materials. All 13 carers are now getting some free time to the carers & attaining their social activities & livelihood activities. Due to distance all CWDs from the project area are not able to access the center facilities. This center is going to be a stepping-stone in the inaccessible area of the Boipariguda block where carers face multidimensional vulnerabilities. The attendance of the children has been very encouraging.
- To cover 13 GPs, 220 villages by four community mobilisers is tough but team members are managing through detail monthly planning & also taking help of other team members of Spread. Continuous engagement with different government departments is showing result & gradually all of them are realizing the issues of the carers.

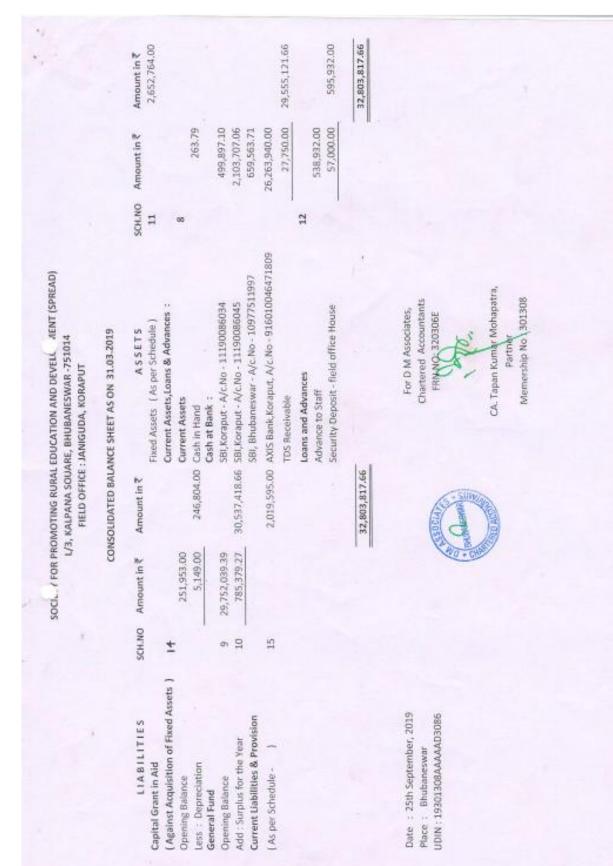
- SPREAD team and government jointly organized a DRI (differential rate of Interest scheme) loan camp, where 48 carers have been identified and loan applications have been submitted to the government.
- 9 PWD SHG groups have submitted for loan under Mission Khaymata to SEEPD Department at block and the teams have been doing joint programmes for different livelihood activities.
- A special stall was kept at the block level festival PARAB. (Parab means festival in local language, each year the district administration organizes it at block and district level) by SPREAD, where importance of Carers was explained through charts,



leaflets. Response of the stall was quite encouraging and visitors felt the need to work for disabled and carers. This was the only stall at the block by SPREAD, which was dedicated for disabled people and carers, which became a special attraction to the visitors.

 SPREAD team members joined at district level planning for the celebration of Disability day with Government officials & participated in both district & block level events along with carers & PWDs.

# **ANNUAL AUDIT REPORT**



1		Amount in ₹ Amount in ₹ 74,396,032.00	180,228.00	75,434,057.00	
	<ul> <li>SOCIETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT (SPREAD)</li> <li>L/3, KALPANA SOUARE, BHUBANESWAR -751014</li> <li>FIELD OFFICE : JANIGUDA, KORAPUT</li> <li>CONSOLIDATED INCOME &amp; EXPENDITURE ACCOUNT FOR THE YEAR ENDING ON 31.03.2019</li> </ul>	INCOME By GRANT-IN-AID: Revenue			For D M Associates, Charteed Accountants CA. Tapan Kumar Mohapatra, Partner Memership No : 301308
	SOCIETY FOR PROMOTING RURAL EDUCATION AND DEVELOPMENT (SPREAD) L/3, KALPANA SOUARE, BHUBANESWAR -751014 FIELD OFFICE : JANIGUDA, KORAPUT LIDATED INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDING ON 31.5	Amount in ₹ Amount in ₹ 58,182,428.60 11.790.064.00	73,950,176.73 31,354.00 667,147.00 785,379.27	75,434,057.03	A Company of the comp
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		RECEIPT		To Opening Balance B/d :	Cash in Hand	Cash at Bank - Koraput	Cash at Bank - Bhubaneswar	To GRANT - IN - AID :	Revenue	To Bank Interest									Date : 25th September, 2019	Place : Bhubaneswar	UDIN: 19301308AAAAAD3086					
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